

AFTERSCHOOL ENRICHMENTPROGRAM

Fall 2011



Your essential guide to the activities and options for BHMS's after-school program.

AIKIDO

This non-violent martial art comes from a long tradition of Japanese martial arts, stemming from Kendo, Judo and Samurai martial arts. This holistic activity aids students in developing flexibility and self-discipline while engaging in independent and physically-challenging exercise form. The instructor was trained in Japan and is a professional sensei and founder of several Aikido clubs.

INSTRUCTOR: KATSUMI IDOGAWA

ART

Katsumi Idogawa, an accomplished artist who has won numerous awards and appeared in art shows around the world, will be returning to lead our art program. Under his tutelage students will learn drawing, painting, sculpture, collage, printing and calligraphy techniques as well as participate in collaborative group projects aimed at developing larger-scale projects. Students will also learn about individual artists and their preferred artistic techniques.

INSTRUCTOR: KATSUMI IDOGAWA

CHINESE

Mandarin Chinese is spoken by over one billion people. This fall our Chinese After-School Program will expose first and second year junior elementary students to this language and its rich culture. Exciting and engaging activities such as arts and crafts, songs and poems will serve as a window into the culture, while students will learn basic vocabulary, including the numbers, seasons, animals and festivals through speaking and writing activities.

INSTRUCTOR: LIJUN TANG

COOKING

The cooking enrichment program will focus on preparing practical snacks and dishes, from prep to clean-up. Students will learn to prepare food that is both tasty and good for them while having a lot of fun all at once.

INSTRUCTOR: KATIE STROUD

HIP HOP DANCE

Hip-hop dance is a broad category that incorporates a variety of old and new urban dance styles. Drea Productions will be leading this after-school enrichment program that offers choreography based hip-hop classes. Students will learn movements and choreography much like you would see in a live stage show or that of back-up dancers. Classes are high energy and a great workout. Students will build self-confidence and creativity through the freestyle portions of the classes.

INSTRUCTOR: DREA PRODUCTIONS

SCIENCE

We are excited to welcome Katie Stroud, a licensed teacher with the Ottawa Public School Board to the helm of our science after-school enrichment program. This program will offer many different activities that will engage the young scientist. Through hands-on experiments and creations, such as lava lamps, students will have an additional opportunity to hone their science skills.

INSTRUCTOR: KATIE STROUD

SPORTS / BASKETBALL BASICS

This semester the sports enrichment program will focus on basketball and will be led by Kevin Tan, a Bachelor of Education student at the University of Ottawa. Prior to returning to school, Kevin worked as a physical education instructor and coached little league sports at night and on the weekends. Kevin believes that an active life is the key to good health and that with work and persistence any goal is attainable. Emphasis is on techniques, skills, team work, participation and fun.

INSTRUCTOR: KEVIN TAN

All programs run from September 12th to December 22nd. A schedule for the winter session will be released before Christmas vacation.

Rates include snack time care from 3:30-4:00 as well as enrollment in the selected program from 4:00-5:00 on regular school days. After 5:00 students can be picked up in Lady Slipper. Please note that the Jr. Elementary students are divided into two groups based on the age of the students. Both schedules are provided below:

JR. ELEMENTARY 1ST & 2ND YEARS SCHEDULE

| Mon. | Tues. | Weds. | Thurs. | Fri. |
|-----------------------|--------------------|-------------------------|------------------------|--------------|
| Hip Hop(Lady Slipper) | Art (Lady Slipper) | Basketball Basics (Gym) | Chinese (American Elm) | Aikido (Gym) |

JR. ELEMENTARY 3RD YEARS, SR. ELEMENTARY & JUNIOR HIGH SCHEDULE

| Mon. | Tues. | Weds. | Thurs. | Fri. |
|-------------------------|------------------|--------------------|--------------|------------------------|
| Basketball Basics (Gym) | Cooking(Kitchen) | Art (Lady Slipper) | Aikido (Gym) | Science (Lady Slipper) |

REGISTRATION

To register for any of these programs, please complete the registration form and submit it to our office. Registration is limited based on availability.

REGISTRATION FORM

For students not currently registered in after-school care.

Student Name: _____

The After School Enrichment Program is excited to open our unique variety of offerings to those students who are not yet registered and who may be interested in only one, or a few, of them. If your child is interested in participating, you may choose to register him or her in individual programs based on availability.

Programs run from September 14th to December 22nd except where noted. Rates include care from 3:30-4:00 and the selected enrichment program from 4:00-5:00.

Please place a check mark in the box to the right of the program for which you wish to register and sign below. Submit this form to the office to verify availability in the chosen programs and to remit payment. No spaces are reserved until payment has been received.

| Jr. Elementary 1st & 2nd Years | | | |
|---|------------|-------|--|
| Hip Hop | Mondays | \$250 | |
| Art | Tuesdays | \$250 | |
| Basketball | Wednesdays | \$250 | |
| Chinese | Thursdays | \$250 | |
| Aikido | Fridays | \$250 | |
| Jr. Elementary 3rd Years, Sr Elementary & Junior High | | | |
| Basketball | Mondays | \$250 | |
| Cooking | Tuesdays | \$250 | |
| Art | Wednesdays | \$250 | |
| Aikido | Thursdays | \$250 | |
| Science | Fridays | \$250 | |
| | | | |
| Total Due | | | |

Parent Signature: _____

Date: _____

Paid by: Cheque Debit Credit Card

Amount: _____