

BHMS Lunch Menu

December 2018

Monday	Tuesday	Wednesday	Thursday	Friday
3 Olives Shakshuka with Warm Tortilla Wraps Tossed Salad Oranges	4 Baby carrots Chicken Noddle Soup Rosemary & Cheese Biscuits Melons	5 Marinated Vegetable Salad Pulled Pork on Brioche Bun Apples	6 Garden Salad with Orange Vinaigrette Chickpea Curry with Rice Banana Bread	7 Chickpea & Lemon Salad Battered Haddock with Hand Cut Fries Grapes
10 Chef's Salad Italian Sausages in Baked Beans with Garlic Mashed Potatoes Oranges	11 Cucumber Tomato & Mint Salad Chicken Broccoli and Rice Casserole Banana	12 Carrots & Celery Stick with Hummus Tuna Salad Sandwich with Vegetable Barley Soup Sweet Bread	13 Tossed Greens, Onions & Cucumber Salad Dal Makhani with Jeera Rice Apples	14 Baby Carrots Rotini Pasta in Marinara Sauce Steamed Green Beans Grapes
17 Cucumber & Tomato Salad Squash & Sweet Potato Soup Warm Naan Bread Oranges	18 Chef's Salad French Canadian Beef Tourtiere Apples	19 Chickpea & Lemon Salad Battered Haddock with Buttered Noddles Apple Pie	20 Crudities Cheese Pizza Grapes	21 <i>Christmas Community Lunch</i> Roasted Turkey Mashed Potatoes with Garlic Butter Buttered Peas and Carrots Homemade Gravy Cranberry Sauce Stuffing Assorted Christmas Treats

About BHMS lunches

1. The Lunch Program is available for the Toddler to Junior High students
2. 2% milk served daily
3. Menu is subject to change

Bishop Hamilton
Montessori School

