

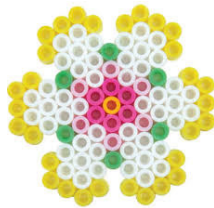
Bishop Hamilton
Montessori School

AFTERSCHOOL
ENRICHMENTPROGRAM

Term 2 - Jan 8 to Mar 29
(no programs March 11-22 due to the March Break)

Winter 2018

Your essential guide to the activities and options for BHMS's After-School Enrichment program.



AI 合 Harmony (Balance)
KI 氣 Energy (Life)
DO 道 Way (Path)



REGISTRATION

Programs are available to all students enrolled in the All Day program option. Additional spaces may be available for students not enrolled in the All Day program, at an additional cost. To register for any of these programs, please complete the registration form and submit it to our office.

AIKIDO

This non-violent martial art comes from a long tradition of Japanese martial arts, stemming from Kendo, Judo and Samurai martial arts. This holistic activity aids students in developing flexibility and self-discipline while engaging in independent and physically-challenging exercise form. Instructor sensei **Katsumi Idogawa** trained and taught in Japan and is the and founder of several Aikido clubs.

INSTRUCTOR: KATSUMI IDOGAWA

ARTS & CRAFTS IN FRENCH

BHMS puts on many whole-school events throughout the year such as the French Café, the Christmas concert, the Spring concert and specific to this year, the 35th anniversary of our school! The After School Program makes and conceives some of the props and visual effects for all of these events. The program is run in French and students listen to French music as they are creating their masterpieces. It is a meaningful way to engage students in purposeful work that serves their community.

Lynn Hachey-Legault is currently a French Director for Extended Day and Junior Elementary students. A broad range of French media including music, videos and fine arts will allow students to expand their knowledge of the francophone culture. Join us in our cultural journey.

Cécile Robard is presently the French Director for Elementary students. She is francophone and has a passion for both the French culture and board games.

INSTRUCTORS: CECILE ROBARD & LYNN HACHEY-LEGAULT

AEROBICS

Get ready to have fun and break a sweat! **Kayla Howard** is energetic and uses fun and upbeat music throughout the classes to ensure a high-level of energy from every participant. Aside from her dance teaching experience for the past 8 years, she participates in gyms such as Greco Fitness and Movati, continuously learning new moves and different techniques. Kayla also works at Greco Fitness, where she assists during circuit training classes. She loves motivating others to push themselves and encourages everyone to explore their limits and their own bodies.

INSTRUCTOR: KAYLA HOWARD

ART

An accomplished artist who has won numerous awards and appeared in art shows around the world, will be returning to lead our Art Program. In conjunction with 3D drawing, water color painting, sculpture and dough, and developing creative projects, students will learn dry paper mache techniques and create sculptures. Students will also study and produce several styles of printing.

INSTRUCTOR: KATSUMI IDOGAWA

FUNFUSION

This fun bead working program will provide students with an opportunity to be creative while developing concentration, hand-eye coordination as well as their fine motor skills. Students will take home their colourful and unique creations on completion. This program will be led by **Sujata Bajpeyi** who is a current Assistant in the Junior Elementary Community. She has a background in Graphic Design and enjoys arts and crafts as a hobby.

INSTRUCTOR: SUJATA BAJPEYI

FIBER ARTS

Students will have the opportunity to learn to be creative with a variety of fibres using different techniques. Sewing, weaving, embroidery and knitting. We will create an assortment of projects to teach and inspire skills that have limitless creative potential. Leading the class is **Kerri Griffin** who has been a part of the BHMS community for several years and currently serves as a supply staff. She has a passion for creating and enjoys working with a variety of materials. The altar cloths displayed in the foyer are samples of her beautiful work.

INSTRUCTOR: KERRI GRIFFIN

CHESS

Students will be introduced to the game of chess, developing logical thinking, self-confidence and the ability to concentrate in a stimulating, structured and fun environment.

Each lesson includes instruction at the start of class, purposeful practice, and review. The chess teaching program has nine levels, from beginners to advanced players. Part of every lesson is actual chess play with the instructor supervising the games and offering tips and advice. Exercise sheets are provided each week and at the end of each course a certificate of achievement is awarded to each student.

INSTRUCTORS: OTTAWA CHESS-MATH

Rates include snack time care from 3:30-4:00 as well as enrollment in the selected program from 4:00-5:00 on regular school days. After 5:00 students can be picked up in the main floor Atrium.

JR. ELEMENTARY SCHEDULE

Monday	Tuesday	Wednesday
Chess (Cherry Blossom)	Art (Cherry Blossom)	Funfusion (Cherry Blossom)
Thursday		Friday
French Arts & Crafts (Tournesol French Room)		Aikido (Gym)

SR. ELEMENTARY & JR HIGH SCHEDULE

Monday	Tuesday	Wednesday
Fiber Arts (Sequoia)	Art (Cherry Blossom)	Aerobics (Gym)
Thursday		Friday
Aikido (Gym)		French Arts & Crafts (Papillon French Room)

REGISTRATION FORM

For students not currently registered in After School Enrichment Program.

Student Name: _____

The After School Enrichment Program is excited to open our unique variety of offerings to those students who are not yet registered and who may be interested in only one, or a few of them. If your child is interested in participating, you may choose to register him or her in individual programs based on availability.

Programs run from **January 8, 2019 to March 29, 2019**. **No Programs on March 11-22 due to the March Break**. Rates include care from 3:30-4:00 and the selected After School Enrichment Program from 4:00-5:00 (Exception: Enriched French Language Instruction from 3:45-4:45).

Please place a check mark in the box to the right of the program for which you wish to register and sign below. Submit this form to the office to verify availability in the chosen programs and to remit payment. No spaces are reserved until payment has been received.

JUNIOR ELEMENTARY				
PROGRAM	DAY	√	COST	AVAILABILITY
Chess	Mondays		\$200	3 spaces
Art	Tuesdays		\$200	5 spaces
Funfusion	Wednesdays		\$200	4 spaces
Arts & Crafts in French	Thursdays		\$200	2 spaces
Aikido	Fridays		\$250	5 spaces

SENIOR ELEMENTARY & JUNIOR HIGH				
PROGRAM	DAY	√	COST	AVAILABILITY
Fiber Arts	Mondays		\$200	4 spaces
Art	Tuesdays		\$200	3 spaces
Aerobics	Wednesdays		\$200	3 spaces
Aikido	Thursdays		\$250	5 spaces
Arts & Crafts in French	Fridays		\$200	4 spaces

Total Due \$ _____

Paid by: Cheque Debit Credit Card Amount: _____

Parent Signature: _____ Date: _____