

BHMS Lunch Menu

February 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cucumber, Tomato & Basil Salad Chicken Broccoli and Rice Casserole Banana
4 Baby Carrots Rotini Pasta in Marinara Sauce Steamed Green Beans Grapes	5 Chicken Divan with Steamed Rice Peas & Corn Apples	6 Assorted Sweet Peppers Italian Sausages with Roasted Potatoes Steamed Broccoli Oranges	7 Sliced Cucumbers Tomato and Basil Soup with Grilled Cheese Sandwiches Melons	8 Assorted Sweet Peppers Battered Haddock and Sweet Potato Fries Peas and Carrots
11 Caesar Salad Chicken Cacciatore Golden Rice Apples	12 Tossed Salad with Orange Vinaigrette Pasta in Marinara Sauce with Steamed Green Beans Oranges	13 Baby Carrots Meatball and Spinach Soup with Herb and Cheese Biscuits Bananas	14 Garden Salad with Orange Vinaigrette Chickpea Curry with Rice Grapes	15 Baby Carrots Battered Haddock with Mashed Potatoes Peas Bananas
18 Family Day School Closed	19 Vegetable Barley Soup Turkey Sandwiches with Celery and Carrot Apples	20 Baby Carrots Chicken Noddle Soup with Rosemary & Olive Focaccia Bread Melon	21 Garden Salad with Orange Vinaigrette Chickpea Curry with Rice Banana Bread	22 Baby Carrots Battered Haddock with Buttered Noodles Peas Bananas
25 Assorted Sweet Peppers Grilled Italian Sausages with Mashed Potatoes Steamed Peas and Carrots Grapes	26 Cucumber Slices Chicken Fingers with Rice Pilaf Streamed Vegetables Assorted Fruits	27 Tomato and Olive Salad Chicken Sandwiches with Vegetable Barley Soup Apple Spiced Cake	28 Baby Carrots Meatball in Marinara Sauce with Rotini Pasta Steamed Green Beans Oranges	1 Roasted Beets and Parsley Salad English Fish and Chips Apples

About BHMS lunches

1. The Lunch Program is available for the Toddler to Junior High students
2. 2% milk served daily
3. Menu is subject to change


Bishop Hamilton
Montessori School